



2021 Rolex Fastnet Race

Amendment One to the Notice of Race

Delete:

8.1 Offshore Crew Training

At least 30% of the boat's crew (but no less than 2), including the Person in Charge, must have completed training to section 6 of the World Sailing Offshore Special Regulations and gained a certificate from a World Sailing approved Personal Survival Training Course. Training must have taken place within five years of the start of the race. Please note that from July 2019 the STCW sea survival certificate is no longer accepted by RORC.

8.2 First Aid Training

At least one member of the boat's crew shall hold an in-date certificate of a First Aid Training Course. The course shall comply with OSR 6.05.2 and have been completed within three years of the start of the race. The qualifications of Doctors, Paramedics or similarly trained medical professionals will be accepted, provided they are familiar with the topics in OSR Appendix H.

It is recommended that crews should practice safety routines at reasonable intervals including the drill for man-overboard. See section 6 – Training. In accordance with World Sailing Offshore Special Regulations 6.01.3 "When there are only two crew members, at least one shall have undertaken training as in OSR 6.01.1

Insert:

8.1 Offshore Crew Training

At least 30% of the boat's crew (but no less than 2), including the Person in Charge, must have completed training to section 6 of the World Sailing Offshore Special Regulations and gained a certificate from a World Sailing approved Personal Survival Training Course.

Training must have taken place within seven years of the start of the race. Please note that from July 2021 the STCW sea survival certificate is no longer accepted by RORC.

8.2 First Aid Training

At least one member of the boat's crew shall hold an in-date certificate of a First Aid Training Course. The course shall comply with OSR 6.05.2 and have been completed within five years of the start of the race. The qualifications of Doctors, Paramedics or similarly trained medical professionals will be accepted, provided they are familiar with the topics in OSR Appendix H.

It is recommended that crews should practice safety routines at reasonable intervals including the drill for man-overboard. See section 6 – Training. In accordance with World Sailing Offshore Special Regulations 6.01.3 "When there are only two crew members, at least one shall have undertaken training as in OSR 6.01.1

RORC Race Office

22nd June 2021