



# Race Guide



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# PROVISIONAL 2025 RORC RACE CALENDAR

RACE	DATE	LENGTH	SEASON'S POINTS	BONUS POINTS
ROLEX MIDDLE SEA RACE	19-OCT-24	606	1	20
RORC TRANSATLANTIC RACE	12-JAN	2995	2	25
NELSON'S CUP	18-21 FEB			
RORC CARIBBEAN 600	24-FEB	600	3	20
RORC EASTER CHALLENGE	18-APR			
CERVANTES TROPHY RACE	03-MAY	110-160	4	0
DEGUINGAND BOWL RACE	17-MAY	110-160	5	0
MYTH OF MALHAM RACE	24-MAY	235	6	10
NORTH SEA RACE	30-MAY	140-185	7	10
GBR IRC NATIONAL CHAMPIONSHIP	13-JUNE			
TRANSATLANTIC RACE	18-JUN	3000	8	0
MORGAN CUP RACE	27-JUNE	110-160	9	0
LA TRINITE - COWES RACE	06-JULY	330	10	10
COWES DINARD ST MALO	11-JUL	151	11	0
ADMIRAL'S CUP	16-JUL		12	
ROLEX FASTNET RACE	26-JUL	695	13	25
CHERBOURG RACE	05-SEP	75	14	0
DOUBLE HANDED WORLD CHAMPIONSHIP	22-SEP			

## WELCOME TO THE ROLEX FASTNET RACE FROM RORC CEO JEREMY WILTON AND RACE DIRECTOR STEVE COLE



RORC CEO  
Jeremy Wilton



Race Director  
Steve Cole

Welcome to the Rolex Fastnet Race guide. Since its inception in 1925, the race has become a cornerstone of the international sailing calendar, attracting the world's top sailors and yachts to test their skills in one of the world's most iconic and challenging offshore sailing events with a demanding 695-nautical-mile course. Starting from Cowes on the Isle of Wight, competitors face the tactical challenge of navigating through the Solent before heading into the unpredictable waters of the English Channel and the Celtic Sea. The dramatic rounding of the Fastnet Rock, located off the southern coast of Ireland, marks a pivotal point in the race, with crews battling the elements as they make their return to the finish line in Cherbourg, France.

This biennial race, organized by the Royal Ocean Racing Club (RORC), offers not just a test of speed but of endurance, teamwork, and strategy. From seasoned professionals to passionate amateurs, every participant in the Rolex Fastnet Race shares a commitment to pushing their limits and embracing the thrill of offshore racing.

Whether you're competing or following the action from shore, we welcome you to experience the excitement, tradition, and spirit of the Rolex Fastnet Race.

On behalf of the RORC race team, welcome to your guide to the Rolex Fastnet Race 2025. After two windy and rough editions in 2021 and 2023 we are hoping for a challenging but successful race that will allow all of you the chance to experience the great hospitality awaiting your arrival in Cherbourg.

The 2023 edition saw very windy and rough conditions for competitors in the middle of what was a generally light winds year. We cannot emphasise enough the importance of not only making sure that your crew is trained to the right standard, that your boat is prepared as well as it can be, and that you and your crew have experience of higher winds and rougher seas than you may normally encounter.

The race team are here to advise you on the entry process, and work with you to ensure that you are as well prepared as you can be for the race start on the 26th July.

The Rolex Fastnet Race is an amazing combination of professional racers, experienced amateurs, bucket list competitors and first timers, please read thoroughly the requirements, both in this guide and the Notice of Race and let us know if we can help.



## NEVER STRAIGHT

It is said the shortest distance between two points is a straight line. But at sea, charting any course comes with a slew of uncontrollable factors. The winds, the currents, the swell... Only the strongest will, the keenest experience and a sharp intuition can overcome such overwhelming powers. Only by keeping the highest expectations and harnessing the deepest resources can one chart a course between where one is and where one aims to be. There is very little chance it will ever be a straight line. Yet more often than not, it will be the right one.

*#Perpetual*



OYSTER PERPETUAL  
YACHT-MASTER 42

  
**ROLEX**

# The History Behind the Race

**1928**

Channel Race - 250nm triangular course in the Channel - introduced as a shorter alternative to the Fastnet for smaller yachts

**1939 - 1945**

The race was suspended during World War II and resumed in 1947.

**1979**

The race was hit by a severe storm, resulting in the loss of 15 lives and multiple yachts. This led to significant changes in safety regulations and yacht design.

**2007**

A record 300 yachts entered the race, demonstrating its continued appeal to sailors worldwide.

**2019**

The race attracted a record fleet of 388 yachts.

**2023**

Record fleet of 430 yachts. The race continues to attract a diverse and competitive fleet from around the world, maintaining its status as one of the premier offshore yacht races.

**1925**

The race was conceived by Weston Martyr, an offshore sailor and writer. The inaugural race started on August 15, 1925, with seven yachts.

**1931**

The RORC, which had been organising the race since its inception, was granted its Royal Charter.

**1957**

A record fleet of 47 yachts participated, reflecting the growing popularity of the race.

**2001**

Rolex began its sponsorship of the race, leading to increased media coverage and global recognition.

**2011**

Multihull Record: The trimaran "Banque Populaire V," skippered by Loick Peyron, set a new course record of 32 hours, 48 minutes, and 46 seconds. Monohull Record: "Abu Dhabi," an IMOCA 60 yacht skippered by Ian Walker, set a new monohull record of 42 hours, 39 minutes.

**2021**

With 337 starters, the race took place under COVID-19 restrictions, with health and safety protocols in place. The finish line was moved to Cherbourg, France, for the first time in its history.



ENGLAND

FASTNET  
ROCK

695-NAUTICAL MILES



COWES  
ISLE OF WIGHT

CHERBOURG

FRANCE





**COMPETITORS GUIDE**  
TO THE ROLEX FASTNET RACE



**REGISTRATION OPEN**  
**WEDNESDAY 15 JANUARY - 10:00 UTC**  
**WWW.SAILRACEHQ.COM**

**50% ENTRY FEE**  
**WITHIN 10 DAYS OF ENTRY**  
**WWW.SAILRACEHQ.COM**

**ENTRY CLOSING DATE**  
**THURSDAY 25 JUNE**

**RATING DEADLINE**  
**THURSDAY 17 JULY**

**RACE CHECK IN**  
**WEDNESDAY 23 - FRIDAY 25 JULY**  
**COWES / CHERBOURG / HAMBLE**

**FASTNET CREW PARTY**  
**THURSDAY 24 JULY**  
**RORC COWES CLUBHOUSE**

**SKIPPER'S BRIEFING**  
**FRIDAY 25 JULY**  
**RORC COWES CLUBHOUSE**

**RACE START**  
**SATURDAY 26 JULY**  
**RYS LINE**

**ROLEX FASTNET PRIZE GIVING**  
**FRIDAY 1 AUGUST**  
**CHERBOURG RACE VILLAGE**

**CREW PARTY**  
**FRIDAY 1 AUGUST**  
**CHERBOURG RACE VILLAGE**



## QUALIFICATION AND SUITABILITY

The Rolex Fastnet Race is not a race for novices. You, your crew, and your boat must be prepared for severe weather, large and confused seas, and strong winds. Whilst the RORC welcomes first time competitors to this race, we emphasise that proper preparation, planning and training is essential. This is reflected in our criteria which apply to every entrant:

### Crew Qualification

- At least 50% of the crew (but not less than two) including the Person in Charge, must have completed a minimum of 300 miles of offshore racing together, within 12 months of the start of the race on the boat that is entered.
- At least 30% of the boat's crew (but not less than 2), including the Person in Charge, must have completed training to Section 6 of the World Sailing Offshore Special Regulations within 5 years of the start of the race
- Minimum of 1 member of the boat's crew must hold a in-date First Aid Certificate completed within the last five years. Please note that some first aid certificates only have a validity of three years.

### Experience - Mileage (on the boat that is entered)

The RORC stipulates a minimum experience requirement of 300 miles of RORC offshore racing, completed by 50% of the crew (but not less than two) including the Person in Charge within 12 months of the start. An offshore race is considered to be of more than 75 miles and at least one night at sea.

To fulfil this requirement the Competitor shall enter and complete an appropriate number of RORC races before the start of the race.

### Qualifying with the RORC series

The 300 miles of offshore racing should be completed within the RORC's series of races, within 12 month of the start of the Rolex Fastnet Race. The RORC series consists of many offshore weekend races, typically of 100-150 miles in a variety of locations. Many races start in the Solent and race in the English Channel, two are based in the North Sea with starts from Harwich and Burnham on Crouch, and there is opportunity to race in the Irish Sea as well as France and further afield in the Baltic Sea and Caribbean.

There are many advantages from doing your qualifying miles within the RORC race programme, not least because you get a chance to size up the competition. Some of the RORC races cover parts of the Rolex Fastnet Race course and you can practise starts from the Royal Yacht Squadron's line.

You also become familiar with the layout of the Sailing Instructions, Start Sequence and other RORC procedures and paperwork.

When it is not reasonably possible to access RORC races, or in exceptional circumstances, an alternative method for qualification may be agreed by the RORC. A Service Yacht may qualify similarly or submit written authority from her service establishment. Proposals should be lodged with the RORC as soon as possible after entry.

### Sample Proposal

Please complete and send the proposal via the SailRaceHQ entry portal.

*I and at least 50% of the crew intending to participate on my First 40.7 GBR1234L Boatname in the Rolex Fastnet Race 2025 propose to do the following races:*

<i>Cervantes Trophy Race 2025</i>	<i>110-160 nm</i>
<i>De Guingand Bowl Race 2025</i>	<i>110-160 nm</i>
<i>Morgan Cup Race 2025</i>	<i>110-160 nm</i>
<i>Total :</i>	<i>330+ nautical miles</i>

*I am aware that races have to be completed to count towards the qualification mileage. In the event of any changes to races or crew composition in the above proposal I will promptly inform the RORC in writing.*

*Regards,  
Captain Cornish*

### Training

30% of the crew (but not less than two), including the Person the Charge, must have completed a training course in accordance with Section 6 of the World Sailing Offshore Special Regulations. The training course must have taken place within the five years before the start of the race. Please note that in accordance with World Sailing guidelines, the RORC will NOT accept STCW training courses (except First Aid).

This means that the minimum requirement for a boat with nine crew and one skipper is that at least two crew and the skipper must have completed training. The training must be completed to Section 6 of the World Sailing Offshore Special Regulations which can be found in full here. The emphasis is on

## QUALIFICATION AND SUITABILITY CONT.

“minimum” - our recommendation is that as many crew members as possible should complete this training. For boats competing Two-Handed, both crew have to be qualified.

[www.sailing.org/inside-world-sailing/activities-services/technical-offshore/technical-services/technical-and-offshore-safety/offshore-safety/offshore-personal-survival/](http://www.sailing.org/inside-world-sailing/activities-services/technical-offshore/technical-services/technical-and-offshore-safety/offshore-safety/offshore-personal-survival/)

### First Aid Training

At least one member of the crew must hold a valid First Aid Certificate or equivalent, which has been completed within five years of the start of the race. In the UK the RYA First Aid Certificate meets the requirement (but please note that the RYA certificate is only valid for three years). Details of acceptable First Aid training courses in other countries can be found at:

[www.sailing.org/inside-world-sailing/activities-services/technical-offshore/technical-services/technical-and-offshore-safety/offshore-safety/osr-recognised-first-aid-qualifications/](http://www.sailing.org/inside-world-sailing/activities-services/technical-offshore/technical-services/technical-and-offshore-safety/offshore-safety/osr-recognised-first-aid-qualifications/)

It is a requirement to have at least one other crew familiar with First Aid Procedures, hypothermia and cardio-pulmonary resuscitation as it is advisable that this person has formal training.

Medical professionals (i.e. doctors, paramedics, surgeons, Service medics, etc.) need not complete further training to meet the Senior First Aid requirement. However, they should refresh their knowledge on specific sicknesses and treatments, especially hypothermia and cold water shock, and make sure they are comfortable with special offshore medical conditions and actions, including topics like Tele medical communications on board. See Appendices H-J of the World Sailing Offshore Special Regulations for details.

## BOAT SUITABILITY

Like the crew, the boat needs to be capable of taking on the conditions likely to be seen during the Rolex Fastnet Race. We invoke the **Category 2 requirements of the World Sailing Offshore Special Regulations** (including RORC Prescriptions, details of which can be found on [www.sailracehq.com](http://www.sailracehq.com)) to decide on the suitability of a boat's stability, equipment and construction standards. The RORC has certain stipulations regarding the speed and minimum/maximum length of eligible boats.

### MONOHULL

### MULTIHULL

	MONOHULL	MULTIHULL
SPEED	<ul style="list-style-type: none"> <li>• Must have an IRC Rating of 0.850 or greater</li> <li>• For non-IRC rated boats alternative criteria will be used, e.g. IMOCA 60, Class40</li> <li>• Visit <a href="http://www.ircrating.org">www.ircrating.org</a> for more information on IRC Rating</li> </ul>	<ul style="list-style-type: none"> <li>• Must have a MOCRA Rating of 1.100 or greater</li> <li>• Visit <a href="http://www.mocra-sailing.org.uk">www.mocra-sailing.org.uk</a> for more information on MOCRA Rating</li> </ul>
	After the rating deadline any changes accepted are in exceptional circumstances only and at the discretion of the RORC.	

LENGTH	<ul style="list-style-type: none"> <li>• Minimum length: determined by minimum speed rating - see above.</li> </ul>	Minimum length is 9.15m (30ft) LH (LOA)*
	<ul style="list-style-type: none"> <li>• The Committee may make an exception to the minimum lengths on application.</li> </ul>	
STABILITY	<ul style="list-style-type: none"> <li>• STIX minimum 32</li> <li>• AVS minimum 130-0.002*m (m is the boat's minimum sailing weight)</li> <li>• SSS minimum 28 (if STIX/AVS not present and not required - boats with series date before 1995)</li> <li>• Boats in accepted One-Design classes and holding valid Rating/Class certificates do not require STIX or SSS</li> </ul>	
BOAT EQUIPMENT	<p>The Rolex Fastnet Race is organised in accordance with Category 2 of the World Sailing Special Regulations with RORC Prescriptions. Please view the Offshore Special Regulations and RORC Prescriptions online to see what you need to do to prepare your entry. Each competitor is required to complete an Offshore Special Regulations checklist which can be completed within SailRaceHQ</p>	

### World Sailing Plan Review

A World Sailing plan review is a process designed to ensure that a yacht's safety and stability meet the requirements outlined by World Sailing for offshore racing. This review is essential for boats participating in specific categories of offshore races, and it typically involves a detailed examination of various aspects of the vessel's design.

If your boat is a monohull and has a series date of after 2009 then it will be a requirement to have a World Sailing Building Plan Review issued from an organisation recognised by World Sailing. Many production boats have a standard certificate and a list of these can be found at <https://www.sailing.org/inside-world-sailing/activities-services/technical-offshore/technical-services/osr-plan-review/>. Custom yachts, and yachts that have been modified, will need to apply for certification.

Appendix L - Keel and Rudder Inspection Procedure.

For all monohulls it is a requirement that within 24 months of the start of the Rolex Fastnet Race that you have had a structural inspection to ensure the integrity of your boat to comply with OSR 3.02.2. If your vessel was built within 24 months of the start of the race, then you are exempt from this inspection by uploading your builder's certificate to your inspection checklist on [www.sailracehq.com](http://www.sailracehq.com). If your vessel has suffered a grounding since your last inspection or build, then a new certificate or survey will be required.

## RACE ENTRY

The boat is entered into the Rolex Fastnet Race through the SailRaceHQ Online Entry System which has been designed to make the entry process as easy and transparent as possible. The crew must be added through this system once your boat has been entered into the race.

The steps to enter:

**Login to existing SailRaceHQ account or register new account**

## RACE ENTRY CONT.

All competitors are now required to register for an account on SailRaceHQ, or simply log in with your email address and password if you have previously registered with SailRaceHQ. If you cannot remember the email you registered with or password please do not re-register since we are keeping a full history and audit trail linked on any account. A 'forgot password' function is available should you be unable to remember the password and the Race Office can assist with recalling the email address used.

If you have never sailed with the RORC and need to register a new account start by going to SailRaceHQ. You can either bookmark the address or find it in the Racing dropdown menu on the RORC website.

You will now see SailRaceHQ's Login Prompt. Click on the "Sign up now" link. After you have registered your personal details (name, address, password etc.) you will receive a confirmation email. There is a link in the confirmation email that you need to click on to make sure that our system is able to send emails to your address.

Note: If you are a RORC Member, your Membership details should be automatically connected to your account (see 'My Membership' once logged in. Depending on your connection to the boat you might be eligible for the discounted race entry fee for RORC Members.

After clicking the link in the confirmation email sent, you are ready to login for the first time. You will be prompted to sign an electronic copy of the Race Entry Declaration; you can find that is set out in the Notice of Race. Note: The Race Declaration must be agreed and signed before the 'Boats' and 'Races' options become available on SailRaceHQ. You will not be able to see or add boats or enter races unless this has been accepted.

### Choose a boat to enter into races or register a new boat

Once you have logged on to SailRaceHQ, please select 'My Account'.

On the left, you should be able to see some options, including 'My Boats'. Here you will be able to add a boat to your account by selecting the option 'Add Boat'.

Once the boat is registered or your account has been connected to an existing boat by another registered user it will be listed in your 'My Boats' page, along with a few options.

### Enter one or more races

To enter or manage races, select the menu item 'Racing', followed by 'Enter Races'. Firstly; ensure the correct boat is selected within your account.

Once the boat is selected, click on the race name you wish to enter in the list of races; a menu will appear where you can choose the division you wish to race in. This menu will also allow you to select if you are sailing in the double-handed division, or fully-crewed.

### Entry Fees 2025 - shown in £ sterling

RORC members are entitled to a discount of 30% of the entry fee, up to the equivalent value of a Full UK Ordinary subscription (2025 - £396). This fee discount structure is applied to all RORC Offshore races so, as a RORC member doing your qualifying mileage, you can expect to have saved more than your subscription rate through fee discounts over the course of the season!

LH (LOA) (m)	RORC Member (discount)	Non-member
Below 9.00	433	619
9.00 - 9.99	493	705
10.00 - 10.99	555	793
11.00 - 11.99	648	926
12.00 - 12.99	730	1044
13.00 - 13.99	917	1311
14.00 - 14.99	1108	1524
15.00 - 15.99	1598	1994
16.00 - 16.99	2177	2593
17.00 - 17.99	2915	3331
18.00 - 18.99	2558	3974
19.00 - 19.99	3909	4325
20.00 - 20.99	4294	4390
21.00 - 21.99	4624	5040
22.00 - 22.99	4920	5336
23.00 - 23.99	5140	5336
24.00 - 24.99	5359	5775
25.00 - 25.99	5610	6026
26.00 - 26.99	5852	6248
27.00 - 27.99	6065	6461
28.00 - 28.99	6257	6673
29.00 - 29.99	6514	6930
30.00 and above	£231 per metre - less £416 members discount	£231 per metre

### Check the status of your entry - Live!

After the above steps, your entry will be submitted but registration process requires further information before it can be marked as complete. On the 'Races' page, ensure the correct boat is selected, tick the box next to the race name, and click 'Live Entry Status' towards the top of the page. Alternatively, click the list icon next to the race date. The Live Entry Status contains a list of all requirements and the status of your boat and crew. When anything is updated - for example your crew adding a First Aid certificate - you will see that reflected in the status screen. Some items require a manual update, such as the OSR Checklist which must be checked by the RORC Race Team, Crew Mileage Qualification proposal/completion, and the overall race Registration Status (first item in the list) which will only show as complete once all other requirements have been met.

The RORC Race Team are always just on the other end of the phone or an email away if you have any questions.

Call the Race Team on +44 (0)1983 295144 | Email the Race Team on racing@rorc.org

# LET'S GET TECHNICAL

## A GUIDE TO SPECIAL REGULATIONS

### 1. What are the World Sailing Offshore Special Regulations (OSR)?

The OSR set uniform safety standards, promote training and competence, and ensure the seaworthiness of vessels participating in offshore sailing races. These regulations enhance safety and preparedness for challenging offshore racing environments.

### 2. What category does the Rolex Fastnet Race fall under?

The Rolex Fastnet Race is classified as a World Sailing Offshore Special Regulations Category 2 race with RORC Prescriptions.

### 3. Where can I find detailed information about the OSR?

Detailed information about the OSR can be found on the World Sailing website at [www.sailing.org](http://www.sailing.org).

### 4. What is a World Sailing Plan Review, and is it mandatory?

A World Sailing Plan Review ensures a yacht's safety and stability meet offshore racing requirements. It is mandatory for monohulls with a series date after 2009, requiring a World Sailing Building Plan Review from a recognized organization.

### 5. What are STIX and AVS, and why are they important?

STIX (Stability Index) and AVS (Angle of Vanishing Stability) are metrics ensuring the safety and stability of yachts in offshore racing. Monohulls with a series date after 1995 must have these numbers on their IRC Certificate.

### 6. What is the requirement for keel and rudder inspection?

Monohulls must undergo a structural inspection within 24 months of the Rolex Fastnet Race. Newer vessels built within this period are exempt if a builder's certificate is uploaded to [www.sailracehq.com](http://www.sailracehq.com).

### 7. What are the crew training requirements for the race?

At least 50% of the crew, including the Person in Charge, must have completed 300 miles of offshore racing together within 12 months of the race start. Additionally, at least 30% of the crew, including the Person in Charge, must have completed World Sailing Offshore Personal Survival Course training within 5 years of the race start.

### 8. Is STCW sea survival training accepted as an alternative to World Sailing's Offshore Personal Survival Course?

No, World Sailing does not accept STCW sea survival training as it lacks sailing-related items and recreational safety equipment, although the STCW first aid course is accepted.

### 9. What are the first aid requirements for the crew?

At least one crew member must hold an in-date First Aid Certificate completed within the last five years.

Check the validity of your certificate as some are valid for only three years.

### 10. What are the AIS system requirements?

All boats must have an AIS system fitted that, when transmitting, provides the yacht name and race name. If the boat has a sponsor, consider how to display both names on the AIS system, which may require reprogramming.

### 11. What should be included in the boat's first aid kit?

Ensure the first aid kit is adequate for the race duration and crew needs. The Person in Charge should verify any medical history of the crew and ensure appropriate medication and first aid supplies are on board.

### 12. What are the lifejacket requirements?

The Person in Charge must check all lifejackets aboard. This can be challenging if crew members bring their own. Consider requiring a service certificate from each person to ensure the lifejackets are properly maintained and functional.

### 13. What storm and heavy weather sails are required?

Boats must have a storm trysail or mainsail reefing to reduce the luff by at least 50%, a heavy weather jib, and a storm jib. Ensure compliance with the rules and the suitability of the sail wardrobe for heavy weather.

### 14. What are the emergency steering requirements?

Boats must have an emergency tiller capable of being fitted to the rudder stock unless there are alternative unbreakable methods of steering. Also, boats need a proven method of steering if the rudder is disabled or lost.

### 15. What is the requirement for an emergency pump?

Monohull yachts must have an emergency pump with a capacity of 200 liters per minute. This can be met with a combination of pumps if a single pump doesn't meet the full capacity.

### 16. What should be considered in boat preparation?

Boat preparation should not be left until the last minute. Ensure all equipment functions properly, is regularly checked and serviced, is within its expiry date, stowed correctly, readily accessible, and suitable for the boat's intended use.

### 17. How does the Royal Ocean Racing Club handle boat inspections?

The Royal Ocean Racing Club may randomly inspect boats before or after the race to ensure compliance with OSR Cat 2. Inspections are conducted to ensure crew safety and to offer advice on safety.

### 18. Who is responsible for the safety of the boat and crew?

Under RRS 3, the Person in Charge holds the sole responsibility for the boat's decision to participate in a race and ensuring the boat and crew's safety. This responsibility is complete and unlimited, irrespective of OSR establishment or inspections.

# GUIDE TO COWES



Cowes offers a variety of maritime services and boasts a diverse selection of dining options, ranging from cafés to restaurants and lively pubs. During the high season, the nightlife comes alive with live music and events. The largely pedestrianised town center is filled with an array of shops, selling everything from clothing and nautical gear to food, jewelry, and household accessories.

## RORC RACE OFFICE / CLUBHOUSE

Located on Cowes Parade (opposite the Royal Yacht Squadron), the newly refurbished RORC Cowes Clubhouse boasts beautiful seaviews and facilities to match.

The Clubhouse provides accommodation with 14 rooms, many with Solent views, excellent dining options all year round for breakfast, lunch or dinner. Members and guests can sample a varied and exciting menu.

**Rolex Fastnet competitors are all welcome.**

## BERTHING

There are several berthing options in Cowes, ranging from marinas to temporary moorings. Since these spots fill up quickly, it is advisable to book as early as possible (note that pre-race berthing is not included in the entry fee).

The marinas in Cowes and East Cowes include Cowes Yacht Haven, Shepards Marina, and East Cowes Marina. Additionally, Cowes Harbour offers temporary moorings for the summer, located just off Cowes Waterfront.

Across the Solent, there are multiple marinas available to book in Hamble, Southampton, Portsmouth and Gosport.

You can find more details on all mooring options in the directory on page 28.

## ACCOMMODATION

From Hotels and house rentals, to AirBnB's, there is lots to choose from in Cowes and the surrounding areas of the Isle of Wight. Early booking is advisable in July.

See the directory page 31 or head to [www.visitisleofwight.co.uk](http://www.visitisleofwight.co.uk) for more information.

## DINING OUT

Cowes is a gastro town filled with a variety of restaurants suiting all tastes. From seafood to pizza, there is something for everyone. See directory page 32 for more information.

During the high season, it is recommended to book in advance

## TRANSPORT

### Red Funnel Ferries

Red Jet Hi-Speed Passenger Service

The Red Jet runs from Southampton to West Cowes. There are sailings every 30 minutes at peak times including Saturdays and every 60 minutes at off-peak times.

Car Ferry

The car ferry runs from Southampton to East Cowes. The journey takes 55 minutes and departures are every hour in the summer.

[www.redfunnel.co.uk](http://www.redfunnel.co.uk) / +44 (0) 238 001 9192

### Cowes Floating Bridge

The Cowes Floating Bridge carries vehicles, bikes and foot passengers between Cowes & East Cowes 7 days a week, all year round.

Monday to Saturday: 0500 to 0030

Sundays: 0630 to 0030

[www.iwfloatingbridge.co.uk](http://www.iwfloatingbridge.co.uk) / +44 (0) 1983 293 041

### Southern Vectis Buses

Buses departing every 10 minutes from Carvel Lane (outside Marks and Spencer).

[www.islandbuses.info/services](http://www.islandbuses.info/services) / +44 (0) 330 0539 182

# COWES RACE HUB

## WELCOME TO RORC COWES



Following an exciting refit, the Royal Ocean Racing Club, Cowes is delighted to have re-opened its doors. With a new entrance and foyer, reception area, bar, dining room, offices, and toilets; the Clubhouse has been transformed. In addition to the architectural improvements, the Clubhouse team has also had a make-over, with a completely new Front of House and Kitchen team, to look after club guests.

### THE FASTNET BAR

The Cowes Clubhouse enjoys a prime elevated site with outstanding views of the Solent. You can celebrate your race in style at the Club's fantastic Fastnet Bar or join us for one of the many social events in the calendar.

Choose from a range of popular keg beers and ciders, or the Club's selection of wines and spirits, including our own Offshore Strength Salcombe Gin. Delicious bar snacks will also be available each day. The Fastnet Bar offers comfortable indoor seating for up to 40 and outdoor seating for a further 40 on the Deck.



### THE TERRACE RESTAURANT

The Terrace Restaurant offers indoor seating for up to 50 guests and al-fresco dining for up to 40 on the new patio overlooking The Solent. The Cowes Clubhouse provides excellent dining options all year round for lunch or dinner. Our members and guests can sample a varied and exciting menu.

Our two Island based chefs aim to deliver a celebration of dishes, using the fantastic local ingredients, such as the delicious chalk downland reared beef and lamb, to fresh fish and shellfish, from the surrounding waters.

With weekly changing menus, daily specials, and the return of the Club's Sunday Roast on a board; our aim is to serve popular and delicious, local produce in a relaxed and enjoyable environment.

### THE EVENT SPACE

Seating up to 160 people to dine inside the Clubhouse all year round. The Event space is available for business meetings and social functions. WIFI & audio-visual facilities available by request



### THE CAPTAIN'S ROOM

For an exclusive and intimate event, reserve the sophisticated Captain's Room, which comfortably accommodates twelve guests. You can either select from the à la carte menu or create a custom menu tailored to your guests' preferences.

### THE ACCOMMODATION

The Cowes Clubhouse provides accommodation with 14 rooms, many with Solent views. From a single room or crew room up to a double en-suite, ranging from £70 - £140 per night, these rooms are excellent value for their location in Cowes.





# GRIFFIN

Royal Ocean Racing Club



### ONE MAIN AIM:

To encourage young people into the sport of offshore racing.

Over the years, through the generosity of Royal Ocean Racing Club members, the Griffin Fund has assisted in providing race boats and experienced sailors to improve young sailors' understanding of offshore racing.

To get involved with the Griffin24 Project as a sailor or supporter contact: [griffin@rorc.org](mailto:griffin@rorc.org)

## COWES TOWN



Map thanks to Cowes Town Council. illustration Alan Rowe

KEY		

## BERTHING & MOORINGS

### Berthon Marina

The Shipyard, Bath Rd  
Lymington, SO41 3YL  
T: +44 (0) 1590 647 405  
VHF Channel 80  
W: www.berthon.co.uk

### Cowes Yacht Haven

Vectis Yard  
Cowes, PO31 7BD  
T: +44 (0) 1983 299975  
VHF Channel 80  
W: www.cowesyachthaven.com

### East Cowes Marina

Britannia Way  
East Cowes, PO32 6UB  
T: +44 (0) 1983 293983  
VHF Channel 80  
W: www.boatfolk.co.uk

### Gunwharf Quays

Gunwharf Quays Marina  
Portsmouth, PO1 3TZ  
T: +44 (0) 2392 836 732  
VHF Channel 80  
W: www.gunwharf-quays.com/leisure/gunwharf-quays-marina

### Hamble Point Marina

School Lane  
Hamble  
SO31 4NB  
T: +44 (0) 2380 045 2464  
VHF Channel 80  
W: www.mdlmarinas.co.uk

### Hamble Yacht Services Marina

Port Hamble  
Hamble, SO31 4NN  
T: +44 (0) 2380 201 501  
VHF Channel 80  
W: www.hambleyachtservices.co.uk

### Haslar Marina

Haslar Road  
Gosport, PO12 1NU  
T: +44 (0) 2392 601 201  
VHF Channel 80  
W: www.boatfolk.co.uk

### Lymington Harbour

Bath Rd  
Lymington, SO41 3SE  
T: +44 (0) 1590 672 014  
VHF Channel 66  
W: www.lymingtonharbour.co.uk

### Shepards Marina

Medina Road  
Cowes, PO31 7HT  
T: +44 (0) 1983 297821  
VHF Channel 80  
W: www.cowes.co.uk

### Trinity Landing & Event Moorings

Cowes Harbour Commission  
T: +44 (0) 1983 297 821  
VHF Channel 69

### Universal Marinas

Crableck Lane  
Southampton, SO31 7ZN  
T: +44 (0) 1489 574 272  
VHF Channel 80  
W: www.premiermarinas.com

## LIFT OUT SERVICES / CLEANING

### Cowes Yacht Haven

50 Tonne hoist  
25 Tonne boat transporter  
T: +44 (0) 1983 299 975  
W: www.cowesyachthaven.com

### Cowes Boatyard

60 Tonne hoist  
T: +44 (0) 1983 203 872  
W: www.cowesboatyard.co.uk

### Kingston Boatyard

40 Tonne hoist  
T: +44 (0) 1983 299 385  
W: www.boatfolk.co.uk

### Hamble Yacht Services

80 Tonne hoist  
T: +44 (0) 2380 201 501  
W: www.hambleyachtservices.co.uk

### Marine Rigging Services

75 Tonne hoist  
50 Tonne boat transporter  
T: +44 (0) 2392 983 161  
W: www.marineriggingsservices.com

### Universal Marina

75 Tonne hoist  
15 Tonne boat transporter  
T: +44 (0) 1489 574 272  
W: www.premiermarinas.com

## BOATYARD STORAGE

### Kingston Boatyard

Kingston Road  
East Cowes, PO32 6JS  
T: +44 (0) 1983 299385  
E: boatyard.chc@cowes.co.uk

### Insignia Maritime

Units 36-40, Medina Village  
Bridge Road, Cowes, PO31 7LP  
W: www.insigniamaritime.co.uk  
T: +44 (0) 1983 248 805

### Marine Rigging Services

75 Tonne hoist  
50 Tonne boat transporter  
T: +44 (0) 2392 983 161  
W: www.marineriggingsservices.com

## SAIL REPAIR

### Cowes Sailmakers

Somerton Industrial Estate, Cowes  
T: +44 (0) 7923 334317  
W: www.cowessailmakers.com

### North Sails

Cowes Yacht Haven  
T: +44 (0) 2392 604255  
serviceuk@northsails.com

### Ratsey & Lapthorn

The Sail Loft, Somerton Works, Cowes, PO31 8PB  
T: +44 (0) 1983 294 051  
W: www.ratseyandlapthorn.com

### Solent Sails

Shepherd's Wharf Marina  
Cowes  
T: +44 (0) 1983 280014  
solentsails@cowes.co.uk  
www.solentsails.com

## RIGGING SERVICES

### Advanced Rigging Services

One Marina Walk, High St, Cowes, PO31 7XJ  
T: +44 (0) 238 045 280  
W: www.advancedrigging.co.uk

### Allspars

Swanwick Marina, Swanwick Shore Rd, Swanwick,  
Southampton, SO31 1ZL  
T: +44 (0) 1489 876 876  
W: www.allspars.co.uk

### Marine Rigging Services

75 Tonne hoist  
50 Tonne boat transporter  
T: +44 (0) 2392 983 161  
W: www.marineriggingsservices.com

### Spencer Rigging Ltd

Empire Buildings, St Mary's Rd, Cowes PO31 7SX  
T: +44 (0) 1983 292 022  
W: www.spencerrigging.co.uk

### VMG Technology

1 Lower William St, Southampton SO14 5QL  
T: +44 (0) 2380 174 856  
W: www.vmgtechnology.co.uk

## THE DIRECTORY

### DIVING SERVICES

#### Island Divers Ltd

Shepards Wharf, Cowes, PO31 7HT  
Tel: +44 (0)1983 240255  
W: www.iowdivers.co.uk

#### MMC Diving Services

T: +44 (0)1983 864 330  
W: www.mmcdivingservices.co.uk

#### RS Divers

T: +44 (0) 2393 190 409  
W: www.rsdivers.co.uk

### RIB HIRE

#### Bembridge Marine

W: www.bembridgmarine.com  
T: +44 (0)1983 872 817

#### Flying Fish

W: www.flyingfishonline.com  
T: +44 (0)1983 280641

#### Hamble Rib Charters

W: www.hamblribcharters.com  
T: +44 (0) 7476 888 639

#### Rebel Marine

W: www.rebelmarine.co.uk  
T: +44 (0) 7495 234 444

#### Solent Rib Charter

W: www.solentribcharter.co.uk  
Tel: +44 (0) 1590 607101

### CHANDLERIES

#### Jolliffes Chandlery

2-4 Birmingham Road, Cowes, PO31 7BH  
W: www.jolliffeschandlery.com  
T: +44 (0) 1983 290100

#### Pascall Atkey

30 High Street, Cowes, PO31 7RX  
T: +44 (0) 1983 292831

#### Seatek Engineering

46 Cross Street, Cowes PO31 7TD  
Tel: +44 (0) 1983 281158

#### Wroath Marine - Electrical engineering

Unit 7, Cowes Yacht Haven, Cowes, PO31 7AY  
W: www.wroathmarine.com  
T: +44 (0) 1983 281 467

### COURSE PROVIDERS

#### British Offshore Sailing School

T: +44 (0) 2380 457 733  
W: www.boss-sail.co.uk

#### Cheftain Training

T: +44 (0) 2380 452 668  
W: www.chieftain.training

#### Hamble School of Yachting

T: +44 (0) 2380 452 668  
W: www.hamble.co.uk

#### Hamble Point Sailing School

T: +44 (0) 2380 457 110  
W: www.yacht-school.co.uk

#### Sailing Logic

T: +44 (0) 2380 456 360  
W: www.sailinglogic.co.uk

#### Taste the Blue

T: +44 (0) 2380 987 188  
W: www.tastetheblue.training

#### UKSA

T: +44 (0) 1983 294 941  
W: www.uksa.org

### MEDICAL / EMERGENCY

#### Solent coastguard

VHF Ch 16/67  
Designated landed site: Trinity Landing

#### Cowes Medical Centre

200 Newport Road, Cowes PO31 7ER  
T: +44 (0) 1983 295 251

#### Hospital / Emergency

St Mary's Hospital, Newport, PO30 5TG  
Non-urgent medical enquiries: call 111

#### Amery House Dental

6 Terminus Road, Cowes, PO31 7SA  
T: +44 (0)1983 291 863

#### Park Road Dental

169 Park Road, Cowes PO31 7NJ  
T: +44 (0) 1983 293 771

#### Chiropractic & Physiotherapy

Cowes Chiropractic Clinic  
24 Birmingham Road, Cowes, PO31 7BH  
Tel: +44 (0) 1983 282 810  
W: www.oweschiropracticclinic.co.uk

#### Willetts & Doig Opticians

21-22 High Street, Cowes, PO31 7RY  
T: +44 (0) 1983 293 181  
W: www.willettsandoig.com

### LAUNDRETTE

#### Vecwash

1 Mill Hill Road, Cowes, IOW, PO31 7EA  
Tel: +44 1983 294698

### CATERING

#### All About Catering

Unit 7, Three Gates Road, Cowes, PO31 7UT  
W: www.allaboutcatering.co.uk  
E: info@allaboutcatering.co.uk  
Tel: +44 (0) 1983248 500

#### French Franks

Fountain Yard, Cowes, PO31 7AR  
E: orders@frenchfranks.co.uk  
T: +44 (0) 1983 821 685

## THE DIRECTORY

#### The Food Hamper Cowes

116 High Street, Cowes, PO31 7AX  
E: orders@thefoodhampercows.com  
M: +44 (0) 7523 992561

#### The Lost Mill Bakery

31 High Street, Cowes, PO31 7RS  
E: lostmillbakery@gmail.com  
W: www.lostmillbakery.com

### ACCOMMODATION

#### Albert Cottage

York Ave, East Cowes PO32 6BD  
T: +44 (0) 1983 299 309  
W: albertcottagehotel.com

#### Busigny House

16 Castle Road, Cowes. PO31 7QZ  
T: +44 (0) 1983 291 919  
W: www.busigny.co.uk

#### Cowes Holiday Homes

41 Tennyson Road, Cowes, PO31 7QA  
T: +44 (0) 7751 328 717  
W: www.cowesholidayhomes.com

#### Forresters Hall

30 Sun Hill, Cowes, PO31 7HY  
T: +44 (0) 1983 209 453  
W: www.forestershall.com

#### New Holmwood Hotel

65 Queen's Rd, Cowes PO31 8BW  
T: +44 (0) 1983 292 508  
W: www.newholmwoodhotel.co.uk

#### Onefifty Cowes

150 Park Rd, Cowes, PO31 7NE  
T: +44 (0) 7795 296 399  
W: www.onefiftycows.co.uk

#### Pinnacle Suites Hotel

104A High St, Cowes PO31 7AT  
T: +44 (0) 1983 240 287  
W: www.pinnaclesuites.co.uk

## ACCOMMODATION CONT.

### The Anchor Inn

1-3 High Street, Cowes, PO31 7SA  
 W: [www.theanchorcowes.co.uk](http://www.theanchorcowes.co.uk)  
 T: +44 (0) 1983 292823

### The Caledon

59 Mill Hill Rd, Cowes PO31 7EG  
 T: +44 (0) 1983 293 599  
 W: [www.the-caledon.co.uk](http://www.the-caledon.co.uk)

### The Duke of York

Mill Hill Rd, Cowes PO31 7BT  
 T: +44 (0) 1983 295 171  
 W: [www.dukeofyorkcowes.co.uk](http://www.dukeofyorkcowes.co.uk)

### The Fountain Inn

High Street, Cowes, PO31 7AW  
 W: [www.greenekinginns.co.uk/hotels/isle-of-wight/fountain-inn](http://www.greenekinginns.co.uk/hotels/isle-of-wight/fountain-inn)  
 T: +44 (0) 1983 292397

### The Union Inn

Watch House Lane, Cowes, PO31 7QH  
 W: [www.unioninncowes.co.uk](http://www.unioninncowes.co.uk)  
 T: +44 (0) 1983 293163

### Villa Rothsay

29 Baring Road, Cowes, PO31 8DF  
 T: +44 (0) 1983 295 178  
 W: [www.villa-rothsay.co.uk](http://www.villa-rothsay.co.uk)

### Wight Escapes

T: +44 (0) 7496 363 369 / (0) 7747 811 203  
 W: [www.wightescapes.com](http://www.wightescapes.com)

## RESTAURANTS

### Bahaar Tandoori

44 High Street, Cowes, PO31 7RR  
 T: +44 (0) 1983 200378  
 W: [www.bahartandoori.uk](http://www.bahartandoori.uk)

### Club Moocow

55 Cross Street, Cowes, PO31 7TA  
 T: +44 (0) 1983 200 750  
 W: [www.moocowstuff.com](http://www.moocowstuff.com)

### Cowes Tandoori

40 High Street, Cowes, PO31 7RS  
 Tel: +44 (0) 1983 296710

### Heron Cowes

46-47 High Street, Cowes. PO31 17RR  
 W: [www.heroniow.co.uk/cowes](http://www.heroniow.co.uk/cowes)  
 T: +44 (0) 1983 302 000

### House Cowes

103a High Street, Cowes, PO31 7AT  
 W: [www.housecowes.com](http://www.housecowes.com)  
 T: +44 (0) 1983 301103

### Murrays Seafood

106 High Street, Cowes, PO31 7AT  
 W: [www.murrays.co](http://www.murrays.co)  
 T: +44 (0) 1983 296233

### Number 3

3 Bath Road, Cowes, PO31 7RH  
 W: [www.number3cowes.com](http://www.number3cowes.com)  
 T: +44 (0) 1983 291 714

### Smoking Lobster

127 High Street, Cowes, PO31 7AY  
 W: [www.smoking-lobster.co.uk](http://www.smoking-lobster.co.uk)  
 T: +44 (0) 1983 240916

### Spice Central

107 High Street, Cowes PO31 7AT  
 W: [www.spicecentraliow.co.uk](http://www.spicecentraliow.co.uk)  
 T: +44 (0) 1983 291800

### The Coast

14-15 Shooters Hill, Cowes, PO31 7BG  
 W: [www.thecoastbar.co.uk](http://www.thecoastbar.co.uk)  
 T: +44 (0) 1983 298574

### The Garden

48 High Street, Cowes, PO31 7RR  
 W: [www.thegardencowes.com](http://www.thegardencowes.com)  
 T: +44 (0) 1983 300 142

### The Nook

10a Shooters Hill, Cowes, PO31 7BG  
 W: [www.thenookcowes.co.uk](http://www.thenookcowes.co.uk)  
 T: +44 (0) 7811 994 327

### Tonino's

8-9 Shooters Hill, Cowes, PO31 7BE  
 W: [www.toninoscowes.co.uk](http://www.toninoscowes.co.uk)  
 T: +44 (0) 1983 298464

## PUBS

### The Anchor Inn

1-3 High Street, Cowes, PO31 7SA  
 W: [www.theanchorcowes.co.uk](http://www.theanchorcowes.co.uk)  
 T: +44 (0) 1983 292823

### The Duke of York

Mill Hill Road, Cowes, PO31 7BT  
 W: [www.dukeofyorkcowes.co.uk](http://www.dukeofyorkcowes.co.uk)  
 T: +44 (0) 1983 295171

### The Fountain Inn

High Street, Cowes, PO31 7AW  
 W: [www.greenekinginns.co.uk/hotels/isle-of-wight/fountain-inn](http://www.greenekinginns.co.uk/hotels/isle-of-wight/fountain-inn)  
 T: +44 (0) 1983 292397

### The Globe

The Globe, The Parde, Cowes, PO31 7QJ  
 W: [www.globecowes.co.uk/](http://www.globecowes.co.uk/)  
 T: +44 (0) 1983 632363

### The Painters Arms

51 Cross Street, Cowes, PO31 7TA  
 W: [www.thepaintersarms.co.uk](http://www.thepaintersarms.co.uk)  
 T: +44 (0) 1983 300977

### The Pier View

25 High Street, Cowes, PO31 7RY  
 W: [www.pierviewcowes.co.uk](http://www.pierviewcowes.co.uk)  
 T: +44 (0) 1983 299891

### The Union Inn

Watch House Lane, Cowes, PO31 7QH  
 W: [www.unioninncowes.co.uk](http://www.unioninncowes.co.uk)  
 T: +44 (0) 1983 293163

## COCKTAIL BARS

### The Vectis Tavern

103 High Street, Cowes, PO31 7AT  
[www.vectistavern.co.uk](http://www.vectistavern.co.uk)  
 Tel: +44 (0) 1983 298439

## TRANSPORT

### The Compass Bar

10/11 High Street, Cowes, PO31 7RZ  
 W: [www.compassbar.co.uk](http://www.compassbar.co.uk)  
 Tel: +44 (0) 1983 475245

### Cowes Water Taxis

VHF Ch08  
 T: +44 (0) 7551 431 993

### Folly Launch

VHF Ch 72 Call Sign "Folly Launch"  
 T: +44 (0) 7884 400046

### BT Taxi

T: +44 (0) 07479 344 777

### Cowes Taxi

T: +44 (0) 1983 294 444

### Cowes Cabs Taxi Service

T: +44 (0) 1983 303 020

### Southern Vectis Bus Service

Regular service from outside Marks and Spencer.  
 W: [www.islandbuses.info](http://www.islandbuses.info)



# Royal Ocean Racing Club

## Our Membership

As a member, you will belong to one of the world's most prestigious offshore racing clubs.



### Membership Benefits

- **London Clubhouse**  
Centrally located in St. James's, London, with en suite accommodation, Club bar, relaxed dining room available for lunch and dinner and private dining rooms available for hire
- **Cowes Clubhouse**  
Overlooking the Solent in Cowes, Isle of Wight, with accommodation, welcoming bar and restaurant, and private function rooms
- **Discounts on:**  
RORC race entry fees
- **Other exclusive members' discounts.**
- **Range of Members' insignia.**
- **Full calendar of social events in London and Cowes**
- **Monthly copy of leading yachting magazine Seahorse**
- **Letters of introduction to other yacht clubs around the world.**

#### To Join

Download an application form from [rorc.org](http://rorc.org) | Submit an online application form - [rorc.org](http://rorc.org)  
Call +44 (0)207 493 2248 or email [membership@rorc.org](mailto:membership@rorc.org)

### Becoming a Member

To join the RORC is to become part of a long established, unique and exclusive Club dedicated to encouraging long distance and other forms of yacht racing and activity.

RORC members will join a large international network of sailors and benefit from two exemplary Clubhouses, located in the hub of central London and in the sailing capital of the UK, Cowes.



#### Ocean Racing

Applicants must have completed no less than 500 offshore racing miles.

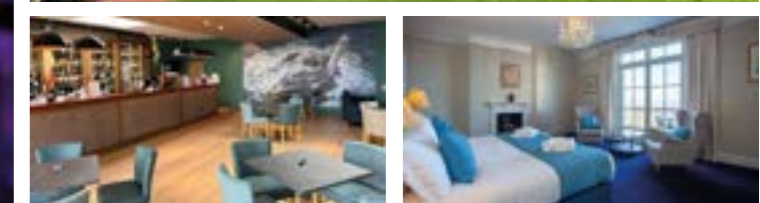


#### Corinthian

Applicants must have a background of sailing experience who support the objectives of the Club.

#### Membership Categories (UK or Overseas)

- RORC Ordinary Membership
- RORC Under 30 Membership
- RORC Cadet Membership
- RORC Couples Membership
- RORC Senior Membership



[/RoyalOceanRacingClub](https://www.facebook.com/RoyalOceanRacingClub)



[/RORCRacing](https://twitter.com/RORCRacing)



[/rorcracing](https://www.instagram.com/rorcracing)

For more information and to join visit [www.rorc.org](http://www.rorc.org)



**Royal Ocean Racing Club Ltd**  
20 St James's Place, London, SW1A 1NN

**RORC Cowes Clubhouse**  
The Parade, Cowes, Isle of Wight, PO31 7QU



**Email** [membership@rorc.org](mailto:membership@rorc.org)

**Website** [rorc.org](http://rorc.org)

**Phone** +44 (0)207 493 2248

## RACE HOME TO A WARM WELCOME AT COWES CLUBHOUSE!

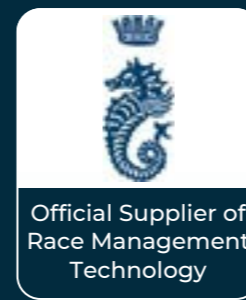
Join us ashore in the Fastnet Bar after racing, for après sail celebrations or book dinner in The Terrace Restaurant and enjoy the unprecedented Solent views. Visiting yachts and crews are all welcome.



To book dinners, events or accommodation, please get in touch and speak with one of our friendly team.

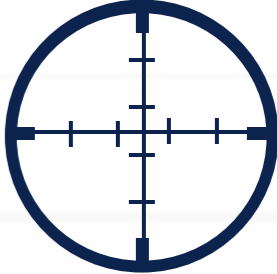
Royal Ocean Racing Club, The Parade,  
Cowes, Isle of Wight PO31 7QU

Tel: 01983 293 581  
Email: [cowes@rorc.org](mailto:cowes@rorc.org)  
[www.rorc.org](http://www.rorc.org)



NAUTICAL CLOUD  
Future Race Management Today

# Who's on Your Danger List?

Win Targets 

**9347 HARBOR HORIZON**  
Current Position: 3 - Finish Time: 14 Jun 2024 14: 29:49

Predicted to beat Danger list

(British Summer Time / UTC +1)

Boat	Target Time	dd:hh:mm:ss
<b>Sailing Star</b> Predicted Finish Time: Last VMG: Required VMG: Miles To Go: Last Position Report:	<b>14 Jun 2024 19:41:19</b> 14 Jun 2024 19:08:46 6.24 6.16 ● 429.83 12 Jun 2024 15:00:00	<b>02d 04:26:46</b>
<b>Aqua Dream</b> Predicted Finish Time: Last VMG: Required VMG: Miles To Go: Last Position Report:	<b>15 Jun 2024 05:36:52</b> 14 Jun 2024 23:47:12 6.14 7.39 ● 462.50 12 Jun 2024 15:00:00	<b>02d 14:22:19</b>
<b>Marine Mirage</b> Predicted Finish Time: Last VMG: Required VMG: Miles To Go: Last Position Report:	<b>15 Jun 2024 08:03:47</b> 14 Jun 2024 23:18:03 6.15 7.06 ● 459.11 12 Jun 2024 15:00:00	<b>02d 16:49:14</b>

## Live Results





### Contact Information:

Royal Ocean Racing Club, Race Office

The Parade, Cowes,

Isle of Wight , PO31 7QU

e: [racing@rorc.org](mailto:racing@rorc.org)

t: +44 (0) 1983 295 144

w: [www.rolexfastnet.rorc.org](http://www.rolexfastnet.rorc.org)

